



2024

BAQAI MEDICAL COLLEGE 4TH YEAR MBBS



STUDY GUIDE

MUSCULOSKELETAL AND DERMATOLOGY MODULE

SPIRAL II – INTEGRATED CURRICULUM
STUDY GUIDE FOR THE STUDENTS OF
4th YEAR MBBS SESSION 2024- 2025



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INTEGRATED MODULAR COURSE STUDY GUIDE



Musculoskeletal System & Dermatology

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The landscape of medical education is evolving rapidly, embracing a shift from teacher-centered to student-centered learning approaches across undergraduate and postgraduate levels. In response to these advancements, this study guide for the integrated modular system has been meticulously crafted to align with these changes, following the SPICES model of curriculum development.

1. **Student-centered Approach:** The course organization, content, and activities are predominantly structured around student engagement and empowerment.
2. **Problem-Oriented Learning:** Case-based learning is integrated into our modules to foster problem-solving skills among students.
3. **Explicit Integration:** Basic sciences content is seamlessly integrated with pre-clinical and clinical subjects to provide a comprehensive understanding of medical concepts.
4. **Community Engagement:** Field visits to satellite clinics and community healthcare centers offer students firsthand exposure to community-related health issues.
5. **Elective Opportunities:** Students are encouraged to pursue electives within our institution and other institutes to broaden their learning experiences.
6. **Structured Program:** Our curriculum unfolds systematically, starting from foundational medicine concepts and encompassing all facets of medical sciences in Spiral integration.

Therefore, this study guide serves as a comprehensive resource, offering content-related information, guidance on learning strategies, curriculum management, and outlines of student activities. It is designed to support the undergraduate MBBS program in a multidimensional manner, facilitating holistic learning and development.

<i>Vision</i>	<i>Mission</i>
	
<i>Baqai Medical University</i>	
<p>To evolve as a nucleus for higher learning with a resolution to be socially accountable, focused on producing accomplished health care professionals for services in all spheres of life at the national and global level”.</p>	<p>The mission of Baqai Medical University is to be recognized as a center of excellence in education, research, patient care, and community services by producing highly capable and knowledgeable professionals.</p>
<i>Baqai Medical College</i>	
<p>Our vision is to enhance access and excellence in medical education and research, with the aim of capacity building of students and faculty through innovations, and science and technology competencies, to achieve rapid and sustainable health. The medical graduate thus produced, will be informed, and trained enough to serve the community better, and to be an advisor to the national and international health organizations.</p>	<p>The mission of the Baqai Medical College is to produce medical graduates, who are responsible and accomplished individuals and have skills for problem-solving, clinical judgment, research, and leadership for medical practice at the international level and are also aware of the health problems of the less privileged rural and urban population of Pakistan.</p>

POLICIES AND PROCEDURES

Code of Conduct and Maintenance of Discipline of Students Regulations Under section 25(e) BMU Act.1996

All University students shall be under the full disciplinary control of the University. No students shall be allowed to participate in politics. The action against the act of indiscipline shall include fines, debaring from attending class, and cancellation of admission, depending on the gravity of indiscipline.

The following shall constitute acts of indiscipline for which action may be taken against the student or students:

- (a) Breach of any rule public morals, such as:
 - Use of indecent or filthy language;
 - Use of immodest dress;
 - Use of undesirable remarks or gestures; and
 - Disorderly behavior, such as shouting, abusing, quarrelling, fighting and insolence.
- (b) Defiance of authority
- (c) Action, defamatory of and derogatory to Islam
- (d) Immorality
- (e) Being found under the effect of an intoxicant or misuse of drugs including marijuana, LSD dope and other opioids.
- (f) False personation or giving false information or willful suppression of information, cheating or deceiving.
- (g) Inciting or staging a walk-out, a strike, or an unauthorized procession.
- (h) Shouting of slogans derogatory to the prestige of the University or the reputation of its officers or teachers.
- (i) Visiting without a pass place which are not to be visited without a pass.
- (j) Visiting places declared out of bounds for students.

Every student must carry his / her Identity Card which will be open to examination and will be demanded at the time of entrance to the various University Faculties and functions.

No student will be admitted to the facilities of the library, transport, or the canteen unless he /she is in possession of the Identity Card

INTRODUCTION TO THE INTEGRATED CURRICULUM

(SPIRAL- II) FOR 4TH YEAR MBBS

Welcome to the Integrated Curriculum (SPIRAL-II), designed for 4th-year MBBS students. In this study guide, we delve into the principles and structure of our curriculum, emphasizing its unique approach to organ-system-based integration.

The integrated curriculum for 4th-year MBBS is a testament to our commitment to providing comprehensive and cohesive medical education. Rooted in the principle of organ-system-based integration, this curriculum offers a progressive and immersive learning experience.

At its core, the SPIRAL-II curriculum embodies level seven integration, as defined by Harden's 11 levels of integration, encapsulating the pinnacle of correlation. This level of integration underscores our dedication to bridging the traditional boundaries between basic sciences and clinical medicine, fostering a holistic understanding of medical concepts.

Through SPIRAL-II, students embark on a journey of exploration, where the intricacies of various organ systems are intricately woven together to get a comprehensive picture of human health and disease. By transcending the isolated subject matter, students gain a deeper appreciation for the interconnectedness of physiological processes and pathological manifestations.

Key to the success of our integrated approach is the seamless alignment of theoretical knowledge with practical application. By intertwining classroom learning with clinical experiences, SPIRAL-II empowers students to translate theoretical concepts into real-world scenarios, preparing them for the complexities of medical practice.

Furthermore, SPIRAL-II embraces a multidisciplinary approach, fostering collaboration among faculty members from diverse specialties. This collaborative effort ensures that students receive a well-rounded education, enriched by the expertise of professionals across various medical domains.

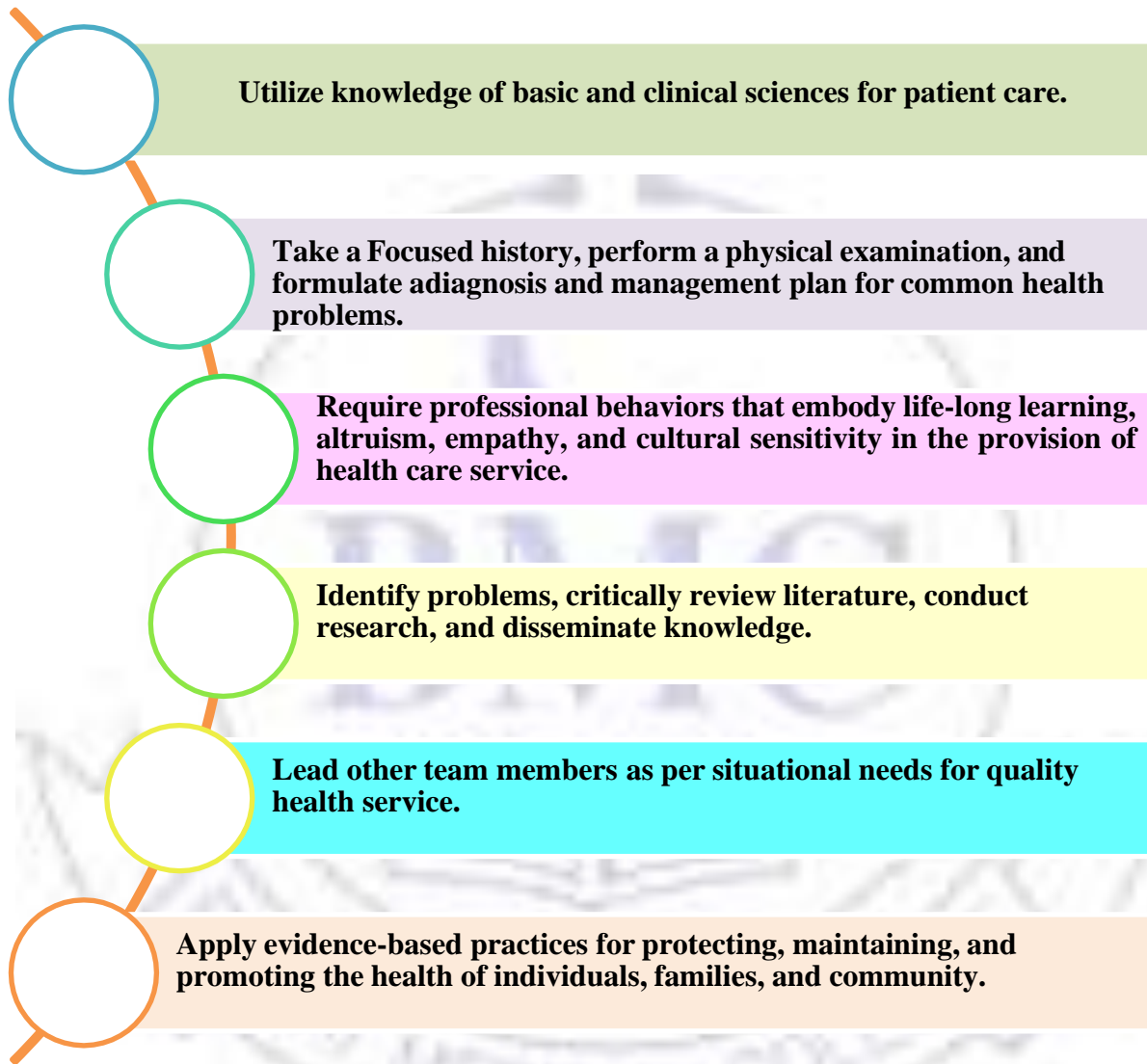
Hence, the Integrated Curriculum (SPIRAL-II) for 4th year MBBS embodies a paradigm shift in medical education, where integration, correlation, and multidisciplinary collaboration converge to cultivate competent and compassionate healthcare professionals. Join us as we embark on this transformative journey, where the boundaries of medical knowledge are transcended, and the art and science of medicine are seamlessly intertwined.



Integration is Key

OUTCOMES OF THE MBBS PROGRAM

The Baqai University graduate of the MBBS program will be able to:



BAQAI MEDICAL COLLEGE

TEACHING FACULTY FOR 4TH YEAR MBBS



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Dr. Muhammad Ahsan Khan	MBBS	Senior Lecturer
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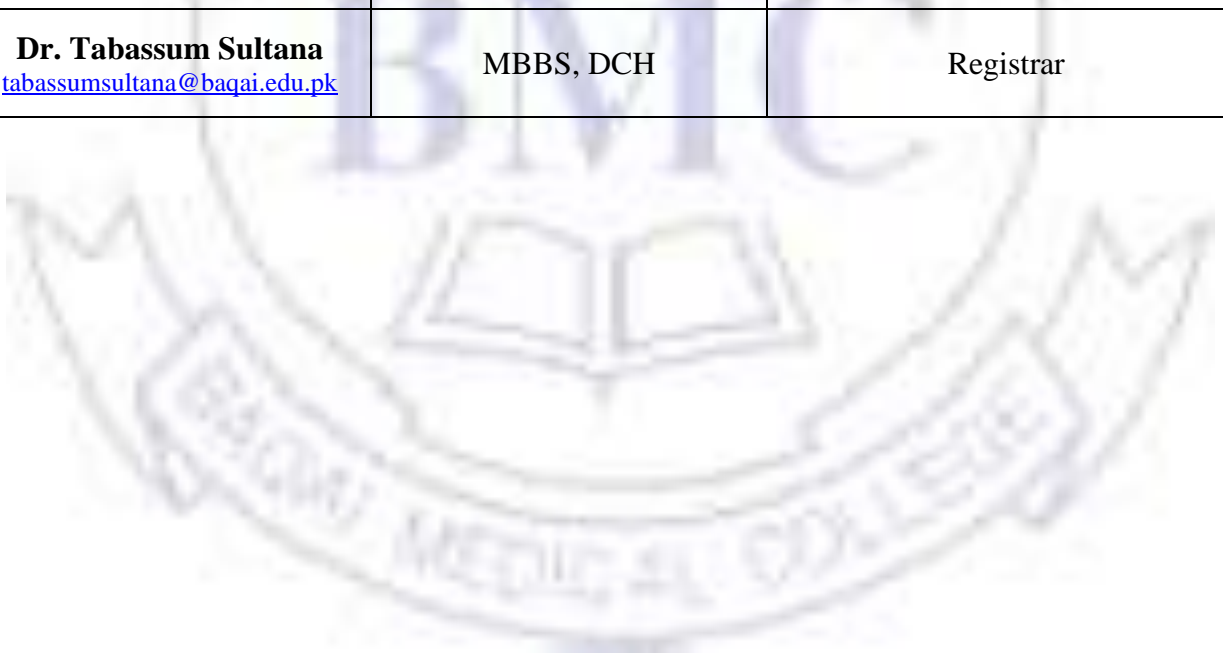
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Dr. Abdul Ghaffar	Member, Department of Surgery & Allied
Dr. Amara Altaf	Member, Department of Community Medicine
Dr. Dania Faisal	Member, Department of Medicine & Allied
Dr. Faraz Saleem	Member, Department of Pharmacology
Dr. Hina Amjad	Member, Department of Pharmacology
Dr. Nasima Iqbal	Member, Department of Pathology
Dr. Nikhat Ahsan	Member, Department of Obstetrics & Gynecology
Dr. Rehana Babar	Member, Department of ENT
Dr. Saadia Akram	Member, Department of Obstetrics & Gynecology
Dr. Tahira Saeed	Member, Department of Pediatrics
Dr. Zulfiqar H. Naqvi	Member, Department of Community Medicine
Ms. Maria Rahim	Member, Department of Research

TEACHING METHODOLOGIES

		
<p>Interactive Lectures</p>	<p>Case-based Learning</p>	<p>Student's Presentations</p>
		
<p>Flipped Classroom</p>	<p>Small group discussions</p>	<p>Practical demonstration</p>
		
<p>Hands-on practice of clinical skills in a simulated environment</p>	<p>Virtual teaching sessions</p>	<p>Self-directed learning</p>

*Musculoskeletal
System
And
Dermatology*

INTRODUCTION TO MODULE – II



<i>Module – II</i>	
<i>Musculoskeletal System & Dermatology</i>	
Systems	<ul style="list-style-type: none"> • Musculoskeletal System • Dermatology
Duration	<p>6` Weeks</p> <p>(From 8th May 2024 to 12th July 2024)</p> <p>Summer Break From 3rd to 30th June 2024</p>
Assessment Dates	*Monday 15 th July 2024
Assessment Pattern	MCQs, SEQs & OSPE

*The Assessment pattern and dates are tentative (Subject to change)

Pathology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Acquired disorders of bone and cartilage	Interactive Lecture # 27	1 hour	<ol style="list-style-type: none"> 1. Classify the acquired disorders of bone and cartilage. 2. Discuss Paget's disease based on its pathogenesis, clinical course, morphology, and complications. 3. Describe the contributing factors, pathogenesis, and clinical manifestations of Renal Osteodystrophy. 4. Differentiate between the pathophysiology & and clinical features of Rickets and Osteomalacia.
Fractures & Osteonecrosis	Interactive Lecture # 28	1 hour	<ol style="list-style-type: none"> 1. Define & classify fractures. 2. Explain the sequence of events in the healing of a fracture. 3. List the conditions associated with Osteonecrosis. 4. Discuss the pathophysiology, morphology & clinical course of osteonecrosis.
Osteoporosis	Interactive Lecture # 29	1 hour	<ol style="list-style-type: none"> 1. Define Osteopenia and Osteoporosis. 2. Enumerate the primary and secondary categories of generalized osteoporosis. 3. Discuss the risk factors, pathogenesis, morphology, and clinical course of osteoporosis.
Bone Tumors	Interactive Lecture # 30	1 hour	<ol style="list-style-type: none"> 1. Classify the primary tumors of the bone. 2. Differentiate between osteoid osteoma and osteoblastoma based on size, sites of origin, and symptoms. 3. Describe the morphology of osteoid osteoma. 4. Comprehend the risk factors, pathogenesis, morphology & and clinical features of osteosarcoma.

Pathology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Cartilage forming tumors	Interactive Lecture # 31	1 hour	<ol style="list-style-type: none"> 1. Classify the primary tumors of the cartilage. 2. Describe the pathophysiology, clinical features, and morphology of osteochondroma. 3. Explain the pathogenesis, clinical course & and morphology of chondroma. 4. Comprehend the pathophysiology, morphological & and clinical features of chondrosarcoma.
Infective conditions of the bone (Osteomyelitis)	Interactive Lecture # 32	1 hour	<ol style="list-style-type: none"> 1. Define and classify osteomyelitis. 2. List the etiological factors of osteomyelitis. 3. Comprehend the pathogenesis, morphology, and clinical course of osteomyelitis. 4. Enumerate the common routes of spread and frequent sites involved in osteomyelitis. 5. Differentiate between acute and chronic osteomyelitis.
Inflammatory disorders of joints (Arthritis)	Interactive Lecture # 34	1 hour	<ol style="list-style-type: none"> 1. Classify arthritis. 2. Differentiate between osteoarthritis and rheumatoid arthritis based on their types, pathogenesis, morphological features, and clinical course. 3. Enumerate the joints frequently involved in osteoarthritis and rheumatoid arthritis. 4. Describe the diagnostic criteria of rheumatoid arthritis.

Pathology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Gouty Arthritis	Interactive Lecture # 33	1 hour	<ol style="list-style-type: none"> 1. Define and classify Arthritis. 2. Discuss the pathogenesis, clinical course, and morphology of gout. 3. Describe the pathophysiology and morphology of pseudogout.
Joint tumors and tumor-like conditions	Interactive Lecture # 34	1 hour	<ol style="list-style-type: none"> 1. Classify joint tumors and tumor-like conditions. 2. Define ganglion and synovial cyst. 3. Describe the pathogenesis, morphology, and clinical features of a teno-synovial giant cell tumor.
Inherited diseases of the skeletal muscle	Interactive Lecture # 35	1 hour	<ol style="list-style-type: none"> 1. Classify Congenital myopathies. 2. Comprehend the subtypes, causes, pathophysiology, morphology, and clinical features of Muscular dystrophy.
Inflammatory diseases of the skeletal muscles	Interactive Lecture # 36	1 hour	<ol style="list-style-type: none"> 1. Classify inflammatory myopathies. 2. Discuss the pathogenesis, morphology, and clinical features of dermatomyositis. 3. Describe the pathogenesis and morphology of Polymyositis, and inclusion-body myositis.
Tumors of Muscles & Soft Tissue	Interactive Lecture # 37	1 hour	<ol style="list-style-type: none"> 1. Categorize the tumors of soft tissue. 2. Differentiate between the pathophysiology and morphology of lipoma and liposarcoma. 3. Compare leiomyoma & leiomyosarcoma based on their pathogenesis and morphology. 4. Classify tumors of the skeletal muscle. 5. Discuss the subtypes, pathogenesis, and morphology of Rhabdomyosarcoma.

Pathology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Acute inflammatory dermatosis - I	Interactive Lecture # 39	1 hour	<ol style="list-style-type: none"> 1. Define and classify eczematous dermatitis. 2. Describe the etiology and pathogenesis of contact dermatitis, atopic dermatitis, drug-related eczematous dermatitis, photo-eczematous eruptions, and primary irritant dermatitis. 3. Describe the morphological and clinical features of acute eczematous dermatitis.
Acute inflammatory dermatosis – II	Interactive Lecture # 40	1 hour	<ol style="list-style-type: none"> 1. Enumerate the conditions which are associated with Erythema Multiforme. 2. Discuss the morphology and clinical features of Erythema Multiforme. 3. Define Urticaria. 4. Describe the causes, pathogenesis, morphological and clinical features of urticaria.
Nomenclature of Skin lesions	Interactive Lecture # 41	1 hour	<ol style="list-style-type: none"> 1. Define common macroscopic terms e.g., Macule, Papule, Nodule, Plaque, Vesicle, Bulla, Blister, Pustule, Scale, Lichenification, and Excoriation. 2. Define common microscopic terms e.g., Hyperkeratosis, Parakeratosis, Acanthosis, Dyskeratosis, Acantholysis, Papillomatosis, and Lentiginous Spongiosis

Pathology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Chronic inflammatory dermatosis	Interactive Lecture # 42	1. hour	<ol style="list-style-type: none"> 1. Define and Classify Chronic Inflammatory Dermatoses 2. Describe the etiopathogenesis, morphology, and clinical features of Psoriasis. 3. Discuss the etiopathogenesis, morphology, and clinical features of Seborrheic Dermatitis. 4. Define Lichen planus. Explain its etiopathogenesis, morphology, and clinical features. 5. Comprehend the etiopathogenesis, morphology, and clinical features of Lichen planus chronicus.
Infectious dermatosis	Interactive Lecture # 43	1 hour	<ol style="list-style-type: none"> 1. List superficial & and deep bacterial infections of the skin e.g., Impetigo caused by Staphylococcus and Streptococcus spp. (superficial) and Pseudomonas aeruginosa(deep). 2. Describe the etiopathogenesis, morphology, and clinical features of bacterial infections. 3. List fungal infections of the skin. 4. Describe the etiopathogenesis, morphology & and clinical features of Candida species and Aspergillus species. 5. Define Verrucae (Warts) and describe its etiopathogenesis, morphology, and clinical features. 6. Define Acne vulgaris. Describe its etiopathogenesis, morphology, and clinical features.

Pathology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Blistering (Bullous) diseases of the Skin	Interactive Lecture # 44	1 hour	<ol style="list-style-type: none"> 1. Define and classify blistering (bullous) disorders of the skin (Pemphigus vulgaris, Pemphigus foliaceus, and Paraneoplastic pemphigus). 2. Discuss the variants, pathophysiology, clinical features, and morphology of Pemphigus. 3. Comprehend the pathogenesis, clinical features & and morphology of Bullous Pemphigoid. 4. Define Dermatitis Herpetiformis and describe its etiopathogenesis, morphology, and clinical features.
Pre-malignant and malignant epidermal tumors	Interactive Lecture # 45	1 hour	<ol style="list-style-type: none"> 1. List premalignant and malignant epidermal tumors. 2. Describe the etiopathogenesis, morphology, and clinical features of Actinic Keratosis. 3. Explain the risk factors, etiology, and morphology of squamous cell carcinoma of the skin. 4. Discuss basal cell carcinoma concerning its frequent sites of origin and clinical and morphological features.
Tumor and tumor-like lesions of the Melanocytes	Interactive Lecture # 46	1 hour	<ol style="list-style-type: none"> 1. List tumor and tumor-like lesions of the Melanocytes. 2. Comprehend the types (Congenital nevus, blue nevus, Spitz's nevus, halo nevus, dysplastic nevus), etiopathogenesis, morphology, and clinical features of Melanocytic Nevi. 3. Describe the pathogenesis, clinical features, and morphology of malignant melanoma.

Pathology

At the end of these 2 ½ hours small group discussion sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Developmental disorders of bone and cartilage	Small group discussion # 6 (TBL)	2 ½ hours	<ol style="list-style-type: none"> 1. List the developmental disorders of bone and cartilage. 2. Discuss the pathophysiology, morphology, and clinical features of achondroplasia. 3. Comprehend osteogenesis imperfecta based on its pathogenesis, morphology, types, and clinical features. 4. Describe the pathogenesis, clinical features, and morphology of osteopetrosis.
Joint Disorders	Small group discussion # 7 (TBL)	2 ½ hours	<ol style="list-style-type: none"> 1. Classify the disorders of joints. 2. Differentiate between the pathogenesis, clinical course, and morphology of Osteoarthritis and Rheumatoid Arthritis. 3. Comprehend Crystal induced arthritis based on pathogenesis, clinical course, and morphology. 4. Describe the pathophysiology, clinical features, and morphology of tumors and tumor-like conditions of the joint.
Musculoskeletal Disorders	Small group discussion # 8 (TBL)	2 ½ hours	<ol style="list-style-type: none"> 1. Classify Musculoskeletal Disorders. 2. Summarize the causes, pathogenesis, clinical course, and morphology of the Skeletal disorders. 3. Summarize the etiology, pathophysiology, and morphology of Muscular disorders

Pathology

At the end of these 2 ½ hours small group discussion sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Inflammatory dermatosis	Small group discussion # 9 (TBL)	2 ½ hours	<ol style="list-style-type: none"> 1. Classify the inflammatory disorders of the skin. 2. Discuss the causes, pathogenesis, clinical course, and morphology of acute inflammatory dermatosis. 3. Comprehend the causes, pathophysiology, clinical features, and morphology of chronic inflammatory dermatosis.
Pathologies of the Skin	Small group discussion # 10 (TBL)	2 ½ hours	<ol style="list-style-type: none"> 1. Classify Skin pathologies. 2. Comprehend the pathogenesis, clinical course, and morphology of Skin infections. 3. Discuss the pathophysiology and morphology of dermatological malignancies.

Pathology

At the end of these 2 ½ hours practical sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Bone & Cartilage Tumors	Practical # 5 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Comprehend the incidence and occurrence, pathogenesis, and morphology of Ewing's sarcoma. 2. Identify the given photomicrographs of Ewing's sarcoma with their points of identification. 3. Summarize the pathophysiology, morphological & clinical features of giant cell tumor. 4. Identify the histopathological slide of a giant cell tumor with its points of identification. 5. Summarize the pathophysiology, morphological & clinical features of Chondroma. 6. Identify the histopathological slide of a Chondroma with its points of identification.
Skeletal & soft tissue tumors	Practical # 6 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Identify the histopathological slide of lipoma with its points of identification. 2. Identify the histopathological slide of leiomyoma with its points of identification. 3. Identify the histopathological slide of leiomyosarcoma with its points of identification. 4. Identify the histopathological slide of Rhabdomyosarcoma with its points of identification.
Skin Tumors	Practical # 7 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Identify and illustrate the histopathological slide of squamous cell carcinoma of the skin. 2. Identify and illustrate the histopathological slide of squamous cell papilloma of the skin. 3. Identify and illustrate the histopathological slide of Melanoma.

Pharmacology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Vasoactive Peptides (Kinins, Natriuretic Peptides, Endothelin, VIP, Substance P, Urotensin Agonist and Antagonist)	Interactive Lecture # 11	1 hour	<ol style="list-style-type: none"> 1. Define Vasoactive peptides. 2. Classify Vasoactive peptides. 3. List the physiologic functions of major Vasoactive peptides. 4. Explain the mechanism of action of Vasoactive peptides. 5. List the clinical applications of Vasoactive peptides.
Drugs for Rheumatoid arthritis (DMARDs)	Interactive Lecture # 12	1 hour	<ol style="list-style-type: none"> 1. Outline the pathophysiology of rheumatoid arthritis. 2. Classify drugs used for management of rheumatoid arthritis. 3. Explain the mechanism of action of Methotrexate and Leflunomide. 4. List the pharmacokinetics of Methotrexate and Leflunomide. 5. List the common adverse effects and contraindications of Methotrexate and Leflunomide.
Drugs for Osteoarthritis	Interactive Lecture # 13	1 hour	<ol style="list-style-type: none"> 1. Outline the pathophysiology of Osteoarthritis. 2. Classify drugs used to treat Osteoarthritis. 3. Explain the mechanism of action of Acetaminophen, NSAIDs (Aspirin, Ibuprofen, and Naproxen), collagen-active peptides, and Hormonal Therapy. 4. List the pharmacokinetics of Acetaminophen, NSAIDs (Aspirin, Ibuprofen, and Naproxen), collagen-active peptides, and Hormonal Therapy. 5. List the common adverse effects and contraindications of Acetaminophen, NSAIDs (Aspirin, Ibuprofen, and Naproxen), collagen-active peptides, and Hormonal Therapy.

Pharmacology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Spasmolytic drugs	Interactive Lecture # 14	1 hour	<ol style="list-style-type: none"> 1. Classify Spasmolytic drugs. 2. Explain the mechanism of action of Diazepam, Baclofen, Tizanidine, and Dantrolene 3. List the pharmacokinetics and pharmacodynamics of these drugs. 4. List the clinical uses, common adverse effects, and contraindications of these drugs.
Drugs for Gout	Interactive Lecture # 15	1 hour	<ol style="list-style-type: none"> 1. Outline the pathophysiology of Gout. 2. Classify drugs used for the management of Gout. 3. Explain the mechanism of action of Allopurinol and Colchicine. 4. List the pharmacokinetic properties of Allopurinol and Colchicine. 5. List the common adverse effects and contraindications of Allopurinol and Colchicine.
Drugs for Acne	Interactive Lecture # 16	1 hour	<ol style="list-style-type: none"> 1. Classify drugs used to treat acne vulgaris. 2. Explain the mechanism of action of Macrolide (Erythromycin), Benzoyl peroxide, and Retinoids used in acne vulgaris. 3. List the pharmacokinetic properties of Macrolide (Erythromycin), Benzoyl peroxide, and Retinoids used in acne vulgaris. 4. List adverse effects and contraindications of Macrolide (Erythromycin), Benzoyl peroxide, and Retinoids used in acne vulgaris.

Pharmacology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Drugs used to treat fungal skin infections	Interactive Lecture # 17	1 hour	<ol style="list-style-type: none"> 1. Classify drugs used to treat Fungal Skin Infections. 2. Explain the mechanism of action of Clotrimazole, Miconazole, Nystatin, Fluconazole, and Griseofulvin used in fungal skin infections. 3. List the pharmacokinetics of Clotrimazole, Miconazole, Nystatin, Fluconazole, and Griseofulvin used in fungal skin infections. 4. List adverse effects and contraindications of Clotrimazole, Miconazole, Nystatin, Fluconazole, and Griseofulvin used in fungal skin infections.
Drugs used to treat Psoriasis	Interactive Lecture # 18	1 hour	<ol style="list-style-type: none"> 1. Classify drugs used to treat psoriasis. 2. Explain the mechanism of action of Acitretin, Tazarotene, Calcipotriene, and Apremilast used in Psoriasis. 3. List the pharmacokinetics of Acitretin, Tazarotene, Calcipotriene, and Apremilast used in Psoriasis. 4. List adverse effects and contraindications of Acitretin, Tazarotene, Calcipotriene, and Apremilast used in Psoriasis.

Pharmacology

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Drugs used to treat Eczema and Seborrheic Dermatitis	Interactive Lecture # 19	1 hour	<ol style="list-style-type: none"> 1. Classify drugs used to treat Eczema and Seborrheic Dermatitis. 2. Explain the mechanism of action of Betamethasone, Coal tar, Antihistamines, cyclosporine, and methotrexate used in Eczema and Seborrheic Dermatitis. 3. List the pharmacokinetics of Betamethasone, Coal tar, Antihistamines, cyclosporine, and methotrexate used in Eczema and Seborrheic Dermatitis. 4. List the adverse effects & contraindications of Betamethasone, Coal tar, Antihistamines, cyclosporine, and methotrexate used in Eczema and Seborrheic Dermatitis.



Pharmacology

At the end of these 2 ½ hours small group discussion sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Prescription of Osteoarthritis and pain management	Tutorial # 7 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. List drugs used for the management of Osteoarthritis and pain management. 2. Explain the pharmacokinetics and pharmacodynamics of Acetaminophen, Ibuprofen, and Meloxicam. 3. Write down the pharmacological management of this case.
Prescription writing on Rheumatoid arthritis and DMARDs	Tutorial # 8 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Classify drugs used for management of rheumatoid arthritis. 2. Explain the pharmacokinetics and pharmacodynamics of Abatacept, Hydroxychloroquine, and Sulfasalazine. 3. Write down the pharmacological management of this case.
Prescription writing on Gout (Acute and Chronic gout)	Tutorial # 9 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Discuss the pharmacological management of the given case. 2. Discuss the rationale for prescribing the drugs for the pharmacological management of the given case. 3. Write down the prescription of the given case.
Prescription writing on calcium and Vitamin D deficiency	Tutorial # 10 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Discuss the pharmacological management of the given case. 2. Discuss the rationale for prescribing the drugs for the pharmacological management of the given case. 3. Write down the prescription of the given case.

Pharmacology

At the end of these 2 ½ hours small group discussion sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Prescription writing on Acne	Tutorial # 11 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Discuss the pharmacological management of the given case. 2. Discuss the rationale for prescribing the drugs for the pharmacological management of the given case. 3. Write down the prescription of the given case.
Prescription writing on Eczema (Atopic Dermatitis)	Tutorial # 12 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Discuss the pharmacological management of the given case. 2. Discuss the rationale for prescribing the drugs for the pharmacological management of the given case. 3. Write down the prescription of the given case.
Prescription writing on Psoriasis	Tutorial # 13 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Discuss the pharmacological management of the given case. 2. Discuss the rationale for prescribing the drugs for the pharmacological management of the given case. 3. Write down the prescription of the given case.

Pharmacology

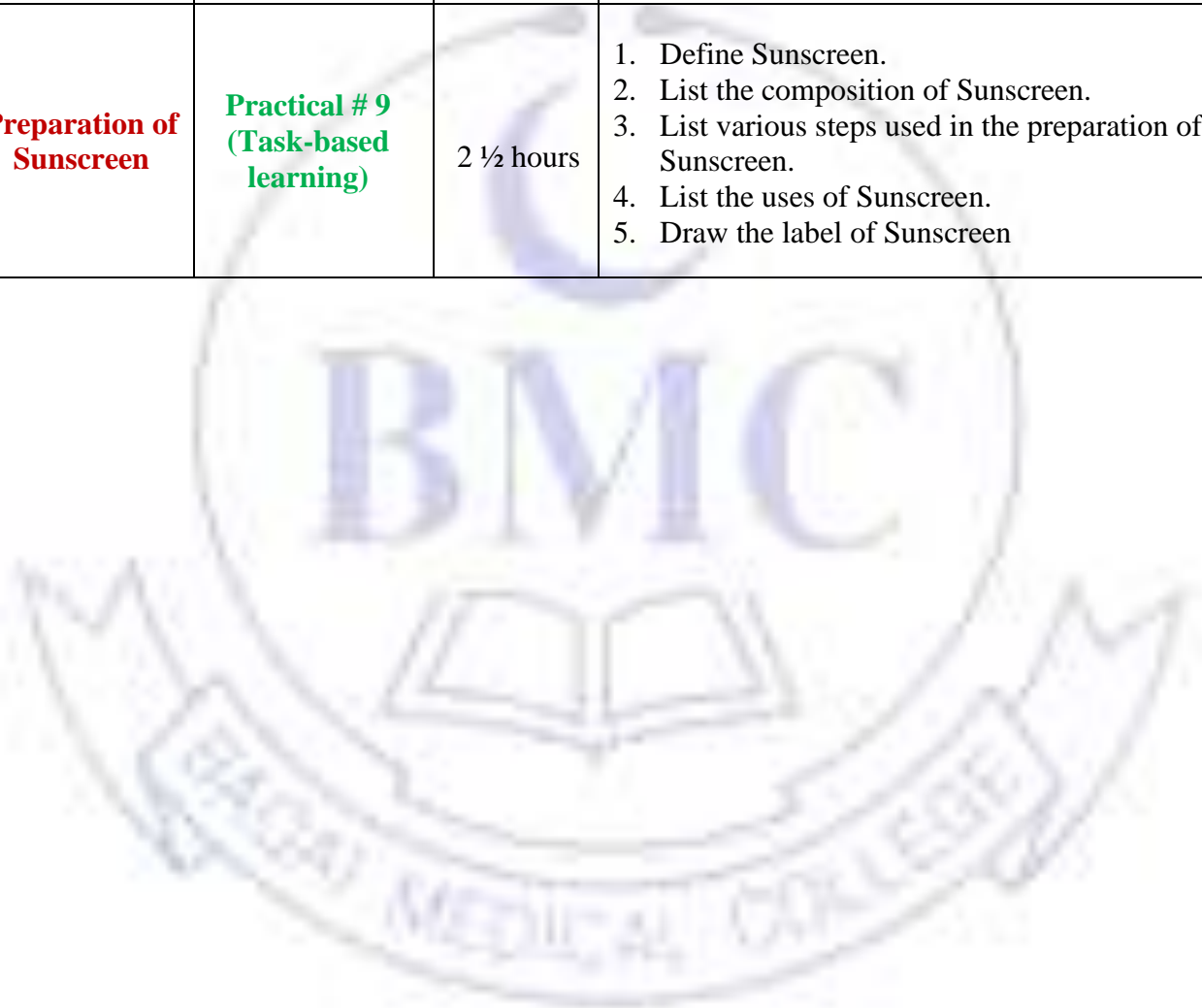
At the end of these 2 ½ hours practical sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Preparation and dispensing of Topical Analgesic ointment	Practical # 5 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Define lotion. 2. List the composition of calamine lotion. 3. List various steps used in the preparation of Calamine lotion. 4. List the uses of calamine lotion. 5. Draw the label of the calamine lotion.
Preparation and dispensing of Corticosteroid Cream for Dermatitis	Practical # 6 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. Define cream. 2. List the composition of corticosteroid cream for dermatitis. 3. List various steps used in the preparation of corticosteroid cream for dermatitis. 4. List the uses of corticosteroid cream for dermatitis. 5. Draw the label of corticosteroid cream for dermatitis.
Preparation and dispensing of Vitamin A Cream (Retinoic Acid)	Practical # 7 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. List the composition of Vitamin A cream for different skin diseases. 2. List various steps used in the preparation of Vitamin A cream for different skin diseases. 3. List the uses of Vitamin A cream for different skin diseases. 4. Draw the label of Vitamin A cream for different skin diseases.
Preparation and dispensing of Topical Antibacterial creams	Practical # 8 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none"> 1. List the composition of topical antibacterial creams. 2. List various steps used in the preparation of topical antibacterial creams. 3. List the uses of topical antibacterial creams. 4. Draw the label of topical antibacterial creams.

Pharmacology

At the end of these 2 ½ hours practical sessions, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Preparation of Sunscreen	Practical # 9 (Task-based learning)	2 ½ hours	<ol style="list-style-type: none">1. Define Sunscreen.2. List the composition of Sunscreen.3. List various steps used in the preparation of Sunscreen.4. List the uses of Sunscreen.5. Draw the label of Sunscreen



Community Medicine

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Introduction to Occupational Health	Interactive Lecture # 16	1 hour	<ol style="list-style-type: none"> 1. Define Occupational Health and Occupational environment. 2. Discuss the types of Occupational environments. 3. Describe Ergonomics.
Occupational Hazards	Interactive Lecture # 17	1 hour	<ol style="list-style-type: none"> 1. Discuss different types of hazards, such as physical, chemical, biological, and psychosocial hazards. 2. Describe the measures to control and prevent occupational hazards. 3. Explain the general measures that should be taken for the protection of workers.
Occupational Diseases, Asbestosis, Silicosis, Pneumoconiosis, Farmer's Lungs	Interactive Lecture # 18	1 hour	<ol style="list-style-type: none"> 1. Discuss important occupational diseases. 2. Describe the preventive strategies for Occupational diseases.
Occupational Cancers Lung, Skin, and Bladder Cancers	Interactive Lecture # 19	1 hour	<ol style="list-style-type: none"> 1. Define Occupational Cancer. 2. Describe the causes and risk factors of Occupational Cancers. 3. Discuss the prevention strategies for Occupational cancers.
Topic Selection & Literature Search	Interactive Lecture # 20	1 hour	<ol style="list-style-type: none"> 1. Describe the criteria for research topic selection. 2. Define Literature search and its significance. 3. Explain the steps of the literature search.

Community Medicine

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Synopsis Development	Interactive Lecture # 20	1 hour	<ol style="list-style-type: none"> 1. Define Synopsis. 2. Discuss the general structure of a synopsis.
Questionnaire	Interactive Lecture # 21	1 hour	<ol style="list-style-type: none"> 1. Describe various data collection methods. 2. Explain the development of a questionnaire.
School Health-1	Interactive Lecture # 22	1 hour	<ol style="list-style-type: none"> 1. Define School Health. 2. List and discuss the components of a coordinated school health program.
School Health - 2	Interactive Lecture # 23	1 hour	<ol style="list-style-type: none"> 1. Discuss the responsibilities of school health services team members (school medical officer, school health nurse & attendant) 2. Describe the functions of school health services (levels of prevention)
Disaster Management	Interactive Lecture # 24	1 hour	<ol style="list-style-type: none"> 1. Define Disaster Management. 2. List the types of Disasters. 3. Describe the duties of the health team during a disaster. 4. Discuss the steps in planning disaster management

Community Medicine

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Health Education - 1	Interactive Lecture # 25	1 hour	<ol style="list-style-type: none"> 1. Define Health education and health promotion. 2. Describe the principles of health education. 3. Explain the stages and strategies of health education.
Health Education - 2	Interactive Lecture # 26	1 hour	<ol style="list-style-type: none"> 1. Identify the communication barriers regarding health education. 2. Discuss the components of program planning for health education.

Community Medicine Field Visit*

At the end of these Community Field Visits, the students of 4th year MBBS will be able to:

Family Planning Association of Pakistan	<ol style="list-style-type: none"> 1. Participants will gain insights into the diverse range of reproductive health and family planning services offered by R-FPAP. 2. Participants will observe the integrated approach employed in the delivery of services of reproductive healthcare.
Fatmid Blood Transfusion Services	<ol style="list-style-type: none"> 1. Participants will understand the processes and protocols implemented at Fatmid Blood Transfusion Services. 2. Participants will observe the various stages of blood collection, testing, processing, and storage, emphasizing the importance of maintaining high standards in blood transfusion services.

*List of proposed field visits of Community Medicine

Medicine

At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Osteoporosis	Interactive Lecture # 6	1 hour	<ol style="list-style-type: none"> 1. Identify the causes of Osteoporosis. 2. Enumerate the signs and symptoms of Osteoporosis. 3. Discuss and logically analyze the management plan for Osteoporosis patients.
Rheumatoid Arthritis	Interactive Lecture # 7	1 hour	<ol style="list-style-type: none"> 1. Identify the causes of Rheumatoid Arthritis. 2. Enumerate the signs and symptoms of Rheumatoid Arthritis. 3. Discuss and logically analyze the management plan for Rheumatoid Arthritis patients.
Systemic Lupus Erythematosus	Interactive Lecture # 8	1 hour	<ol style="list-style-type: none"> 1. Identify the causes of Systemic Lupus Erythematosus. 2. Enumerate the signs and symptoms of SLE. 3. Discuss and logically analyze the management plan for SLE patients.
Cutaneous Presentation of Diabetes	Interactive Lecture # 9	1 hour	<ol style="list-style-type: none"> 1. Identify the signs and symptoms of dermal lesions of Diabetes Mellitus. 2. List the appropriate investigations required to confirm the lesions/ manifestations. 3. Discuss the differential diagnosis of the cutaneous lesions.
Cutaneous Presentation of Thyroid	Interactive Lecture # 10	1 hour	<ol style="list-style-type: none"> 1. Identify the signs and symptoms of dermal lesions of Thyroid disorders. 2. List the appropriate investigations required to confirm the lesions/ manifestations.

Surgery




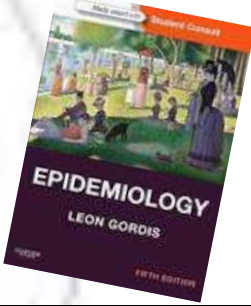

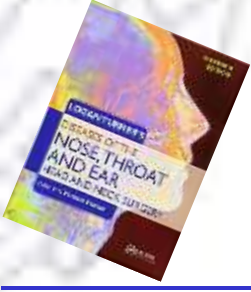
At the end of these 1-hour interactive lectures, the students of 4th year MBBS will be able to:

Topic	Teaching Strategy	Duration	Learning Objectives
Bone fractures & their management	Interactive Lecture # 5	1 hour	<ol style="list-style-type: none"> 1. Define the terms: fracture, dislocation, and subluxation. 2. Identify the general causes, signs, and symptoms of fractures. 3. Classify different types of fracture. 4. Describe the role of radiography in fracture management. 5. Discuss general principles of management of fractures. 6. Explain the process of fracture healing. 7. State the local and general complication of fractures.
Bone tumors & their management	Interactive Lecture # 6	1 hour	<ol style="list-style-type: none"> 1. Define normal anatomy and physiology of bone. 2. Explain bone tumors & enlist the risk factors. 3. Explain TNM classification of bone tumor. 4. Explain the types of bone tumors. 5. Explain the clinical manifestation of bone tumors. 6. Explain the diagnostic factors for bone tumors. 7. Explain the management for bone tumors
Malignant Skin diseases	Interactive Lecture # 7	1 hour	<ol style="list-style-type: none"> 1. Describe the structure and functions of normal skin. 2. Classify malignant skin cancers. 3. Enumerate the risk factors for skin cancers. 4. Describe the etiopathogenesis of various types of skin cancers. 5. Describe the signs and symptoms of various types of skin cancers. 6. List investigations required to reach the diagnosis. 7. Discuss the treatment options available for malignant skin diseases.

SUGGESTED READING BOOKS

PATHOLOGY			
<p>Robbins & Cotran Pathologic Basis of Disease 10th Edition Kumar, Abbas & Aster</p>		<p>Pathology Illustrated 8th Edition Alasdair D. T. Govan</p>	
<p>Curran's Atlas of Histopathology 4th Edited Edition Robert Curran</p>		<p>Rubin's Pathology: Clinicopathologic Foundations of Medicine 6th Edition Raphael Rubin & David S. Strayer</p>	
PHARMACOLOGY & THERAPEUTICS			
<p>Basic and Clinical Pharmacology 14th Edition Bertram Katzung</p>		<p>Lippincott's illustrated review of Pharmacology 7th Edition Karen Whalen</p>	
<p>Katzung and Trevor's Pharmacology Examination and Board Review 14th Edition Katzung and Trevor</p>		<p>Goodman & Gillman The Pharmacological Basis of Therapeutics 14th Edition Laurence L Brunton & Bjorn C. Knollmann</p>	

SUGGESTED READING BOOKS

COMMUNITY MEDICINE			
<p>Public Health & Community Medicine 8th Edition M. Ilyas</p>		<p>Public Health & Preventive Medicine 13th Edition Maxcy- Rosenau-Last</p>	
<p>Park's Textbook of Preventive & Social Medicine 20th Edition K. Parks</p>		<p>Epidemiology 5th Edition Leon Gordis</p>	
ENT			
<p>Diseases of Ear, Nose and Throat 8th Edition P.L. Dhingra & Shruti Dhingra</p>		<p>Logan Turner's Diseases of the Nose, Throat and Ear, Head and Neck Surgery 11th Edition Musheer Hussain</p>	

SUGGESTED READING BOOKS

OPHTHALMOLOGY			
<p>Clinical Ophthalmology 4th Edition Shafi M. Jatoi</p>		<p>ABC of Eyes 4th Edition P. Shah, P.T. Khaw & A.R. Elkington</p>	
RESEARCH METHODOLOGY			
<p>Introduction to Research in Health Sciences- Stephen Polgar, Shane A. Thomas</p>		<p>Epidemiology 5th Edition Leon Gordis</p>	

SUGGESTED WEBSITES & SEARCH ENGINES

	
<p>https://www.medscape.com</p>	<p>https://www.PathologyOutlines.com</p>
	
<p>https://pubmed.ncbi.nlm.nih.gov</p>	<p>https://scholar.google.com</p>
	
<p>https://medlineplus.gov</p>	<p>https://medicine.nus.edu.sg/pathweb</p>

ASSESSMENT METHODS

1. Formative Assessment

- Assignment
- Quiz (face-to-face or online)
- Student Presentation
- Class participation in small group discussions and case-based learning sessions
- Project / Poster

* 4th Year MBBS Students are directed to maintain their practical journals & and logbooks for formative assessment.

2. Summative Assessment

- Modular Exam:

With reference to the Assessment Policy of BMC, dated 14-06-21) (Point 5: Process; Summative assessment point a, b & d); a single modular exam will be conducted at the end of each module which will include all the subjects of basic medical sciences.

*Module exam will be assessed by any of the following assessment methods:

- MCQ
 - SEQ
 - OSPE.
- Annual Exam:
 - Internal Evaluation = 20%
 - Final Exam= 80%

Theory: MCQs, EMQs & SAQs

Practical: Viva & OSPE





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Baqai Medical College
4th Year MBBS Session 2024 - 2025



End of GIT and Hepatobiliary Module and Commencement of Musculoskeletal Module
8th Week (From 6th May 2024 to 10th May 2024)

Day	Lecture 1 8:30 – 9:30	Lecture 2 9:30 – 10:30	10:30 - 10:45	Clinics 10:45 – 1:45	1:45 - 2:00	Practical / Small Group Discussion 2:00– 4:00
Day 30 Monday 6-5-24	Acute Pancreatitis [Medicine] (Dr. Dania Faisal) [Lecture Hall 13]	Pancreatic enzyme supplements [Pharmacology] (Dr Faraz/ Dr Izrum) [Pathology Lecture Hall]	T E A B R E	Clinics	P R A Y E R S	Group A: Pathology Group B: Pharmacology (P) Group C: Pharmacology (T) Group D: SDL
Tuesday 7-5-24	1st Integrated Module Assessment (Theory)			Clinics		1st Integrated Module Assessment (OSPE)
Day 31 Wednesday 8-5-24	Introduction to Occupational Health [Community Medicine] (Prof. Dr. Nazia Jameel/ Dr. Amara Altaf) [Com Med Lecture Hall 1]	Acquired disorders of the Bone and Cartilage [Pathology] (Dr. Muhammad Rizwan) [Pathology Lecture Hall]		Clinic		Group A: Research Group B: SDL Group C: Pathology Group D: Pharmacology
Day 32 Thursday 9-5-24	Vasoactive Peptides [Pharmacology] (Dr. Hina Masood/ Dr. Sehrish) [Pathology Lecture Hall]	Occupational Hazards [Community Medicine] (Prof. Dr. Nazia Jameel/ Dr. Amara Altaf) [Com Med Lecture Hall 1]		Group C: Community Field Visit		
Day 33 Friday 10-5-24	8:30 – 9:30	9:30 – 10:30	10:30 – 1:30	1:30- 2:00	2:00 – 4:00	
	Fractures and Osteonecrosis [Pathology] (Dr. Maeesa Sajeel) [Pathology Lecture Hall]	Bone fractures & their management [Orthopedic Surgery] (Prof. Ghulam Mustafa Khaimkhani) [LRC, Deptt of Surgery]	Clinics	Jumma Prayers	Group A: Pathology Group B: Pharmacology Group C: Research Group D: SDL	

For Monday:

Pathology Practical: Chronic Cholecystitis and Pancreatitis

Pharmacology Practical: Role of Milk Thistle in the management of Liver diseases

Pharmacology Tutorial: Prescription writing of Constipation

For Wednesday to Friday:

Pathology SGD: Developmental Disorders of the Bone and Cartilage

Pharmacology: Preparation and Dispensing of Topical Analgesic Ointment.

Facilitator: Dr. Nadeem Baqai/ Dr. M Yasir Rishi

Facilitator: Dr. Hina Masood/ Dr Sumreen

Facilitator: Dr. Javeria/ Dr. Humaira

Facilitator: Dr. Rozina Khan/ Dr. Tooba Khan

Facilitator: Dr. Samreen/ Dr Hina Masood

Venue: Histopathology Museum

Venue: Pharma Lab

Venue: Hematology Lab

Venue: Pathology Lecture Hall

Venue: Pharma Lab

Dr. Adil Khan
MBBS, MCPS, FCPS
Vice Principal (Academics)
Baqai Medical College



Baqai Medical College
4th Year MBBS Session 2024 - 2025
Musculoskeletal and Dermatology Module
9th Week (From 13th May 2024 to 17th May 2024)

Day	Lecture 1 8:30 – 9:30	Lecture 2 9:30 – 10:30	10:30 - 10:45	Clinics 10:45 – 1:45	1:45 - 2:00	Practical / Small Group Discussion 2:00– 4:00
Day 34 Monday 13-5-24	Osteoporosis [Pathology] (Dr. Sarah Azhar) [Pathology Lecture Hall]	Osteoporosis [Medicine] (Dr. Masooda Fatima) [Lecture Hall 13]	T E A B R E	Clinics	P R A Y E R S	Group A: SDL Group B: Pathology Group C: Pharmacology Group D: Research
Day 35 Tuesday 14-5-24	Tumors of the Bone [Pathology] (Dr. Muhammad Khan) [Pathology Lecture Hall]	Tumors of the Cartilage [Pathology] (Dr. Ghazal Irfan) [Pathology Lecture Hall]				Clinics
Day 36 Wednesday 15-5-24	Occupational Health Practices [Community Medicine] (Prof. Dr. Nazia Jameel/ Dr. Amara Altaf) [Com Med Lecture Hall 1]	Bone Tumors and their Management [Orthopedic Surgery] (Prof. Ghulam Mustafa Khaimkhani) [LRC, Deptt of Surgery]		Clinics		Group A: Pharmacology Group B: Research Group C: SDL Group D: Pathology
Day 37 Thursday 16-5-24	Osteomyelitis [Pathology] (Dr. Munazza Rashid) [Pathology Lecture Hall]	Occupational Cancers [Community Medicine] (Prof. Dr. Nazia Jameel/ Dr. Amara Altaf) [Com Med Lecture Hall 1]		Group D: Community Field Visit		
Day 38 Friday 17-5-24	8:30 – 9:30	9:30 – 10:30	10:30 – 1:30	1:30- 2:00	2:00 – 4:00	
	Inflammatory disorders of the joints [Pathology] (Prof. Dr. Nasima Iqbal) [Pathology Lecture Hall]	Drugs for Osteoarthritis [Pharmacology] (Dr. Nadeem/ Dr. Faraz) [Pathology Lecture Hall]	Clinics	Jumma Prayers	Group A: SDL Group B: Pathology Group C: Pharmacology Group D: Research	

For Monday:

Pathology SGD: Developmental Disorders of the Bone and Cartilage

Pharmacology: Preparation and Dispensing of Topical Analgesic Ointment.

For Tuesday Till Friday:

Pathology Practical: Bone and Cartilage Tumors

Pharmacology Practical: Prescription writing on Calcium and Vitamin D deficiency

Facilitator: Dr. Rozina Khan/ Dr. Tooba Khan

Facilitator: Dr. Samreen/ Dr. Hina Masood

Facilitator: Dr. Sana Mubarak/ Dr. M Yasir Rishi

Facilitator: Dr. Humaira/ Dr. Javeria

Venue: Pathology Lecture Hall

Venue: Pharma Lab

Venue: Pathology Museum

Venue: Pharma Lab

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Musculoskeletal and Dermatology Module
10th Week (From 20th May 2024 to 24th May 2024)

Day	Lecture 1 8:30 – 9:30	Lecture 2 9:30 – 10:30	10:30 - 10:45	Clinics 10:45 – 1:45	1:45 - 2:00	Practical / Small Group Discussion 2:00– 4:00
Day 39 Monday 20-5-24	Drugs for Rheumatoid Arthritis [Pharmacology] (Dr. Faraz/ Dr. Izrum) [Pathology Lecture Hall]	Rheumatoid Arthritis [Medicine] (Dr Dania Faisal) [Lecture Hall 13]	T E A B R E	Clinics	P R A Y E S	Group A: Pathology Group B: Pharmacology (T1) Group C: Pharmacology (T2) Group D: SDL
Day 40 Tuesday 21-5-24	Gouty Arthritis [Pathology] (Dr. Maeesa Sajeel) [Pathology Lecture Hall]	Drugs for Gout [Pharmacology] (Dr. Izrum/ Dr. Hina Masood) [Pathology Lecture Hall]		Clinics	Group A: Pharmacology (T1) Group B: Pharmacology (T2) Group C: SDL Group D: Pathology	
Day 41 Wednesday 22-5-24	Topic Selection & Literature Search [Community Medicine] (Dr. Munir Shaikh) [Com Med Lecture Hall 1]	Joint Tumors and Tumor-like Conditions [Pathology] (Dr. Muhammad Rizwan) [Pathology Lecture Hall]		Clinics	Group A: Pharmacology (T2) Group B: SDL Group C: Pathology Group D: Pharmacology (T1)	
Day 42 Thursday 23-5-24	Inherited disorders of the Skeletal Muscles [Pathology] (Dr. Sarah Azhar) [Pathology Lecture Hall]	Synopsis development [Community Medicine] (Dr. Munir Shaikh) [Com Med Lecture Hall 1]		Group A: Community Field Visit		
	8:30 – 9:30	9:30 – 10:30	10:30 – 1:30	1:30- 2:00	2:00 – 4:00	
Day 43 Friday 24-5-24	Inflammatory Disorders of the Skeletal Muscles [Pathology] (Dr. Muhammad Khan) [Pathology Lecture Hall]	Systemic Lupus Erythematosus [Medicine] (Dr. Dania Faisal) [Lecture Hall 13]	Clinics	Jumma Prayers	Group A & B: Skeletal & Smooth Muscle Tumors [Pathology] (Dr. Rozina Khan) Pathology Museum Group C & D: Prescription writing on Gout [Pharmacology] (Dr. Izrum/ Dr Hina Masood) Pharma Lecture Hall	

Pathology SGD (Student Presentation): Joint Disorders
Pharmacology Tutorial (1): Prescription writing on Rheumatoid Arthritis
Pharmacology Tutorial (2): Prescription writing on Osteoarthritis

Facilitator: Dr. Nadeem Baqai / Dr. Tooba Khan
Facilitator: Dr. Sehrish/ Dr Humaira
Facilitator: Dr. Javeria/ Dr. Izrum

Venue: Pathology Lecture Hall
Venue: Pharma Lecture Hall
Venue: Hematology Lab
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Musculoskeletal and Dermatology Module
11th Week (From 27th May 2024 to 31st May 2024)

Day	Lecture 1 8:30 – 9:30	Lecture 2 9:30 – 10:30	10:30 - 10:45	Clinics 10:45 – 1:45	1:45 - 2:00	Practical / Small Group Discussion 2:00– 4:00
Day 44 Monday 27-5-24	Tumors of the Muscle and Soft Tissues [Pathology] (Dr. Ghazal Irfan) [Pathology Lecture Hall]	Spasmolytic drugs [Pharmacology] (Dr. Urooj/ Dr Humaira) [Pathology Lecture Hall]	T E A B R E A K	Clinics	P R A Y E R S	Group A & B: Prescription writing on Gout (Dr. Izrum/ Dr Hina Masood) [Pharma] Pharma Lecture Hall Group C & D: Skeletal & Smooth Muscle Tumors [Pathology] (Dr. Rozina Khan) Pathology Museum
Day 45 Tuesday 28-5-24	Acute Inflammatory Dermatitis- I [Pathology] (Prof. Dr. Nasima Iqbal) [Pathology Lecture Hall]	Drugs Used to Treat Eczema and Seborrheic Dermatitis [Pharmacology] (Dr. Humaira/ Dr. Urooj) [Pathology Lecture Hall]		Clinics		Group A: Pathology Group B: Pharmacology (P) Group C: Pharmacology (T) Group D: SDL
Day 46 Wednesday 29-5-24	Questionnaire [Community Medicine] (Dr. Munir Shaikh/ Dr. Syed Zulfiqar Hyder) [Com Med Lecture Hall 1]	Acute Inflammatory Dermatitis- II [Pathology] (Dr. Maeesa Sajeel) [Pathology Lecture Hall]		Clinics		Group A: SDL Group B: Pathology Group C: Pharmacology (P) Group D: Pharmacology (T)
Day 47 Thursday 30-5-24	Nomenclature of Skin lesions [Pathology] (Dr Munazza Rashid) [Pathology Lecture Hall]	School Health- I [Community Medicine] (Prof. Dr. Nazia Jameel) [Com Med Lecture Hall 1]	Group B: Community Field Visit			Group A: Pharmacology (T) Group C: Pathology Group D: Pharmacology (P)
Day 48 Friday 31-5-24	8:30 – 9:30	9:30 – 10:30	10:30 – 1:30	1:30- 2:00	2:00 – 4:00	
	Chronic Inflammatory Dermatitis [Pathology] (Dr. Muhammad Rizwan) [Pathology Lecture Hall]	Drugs Used to Treat Psoriasis [Pharmacology] (Dr. Asif/ Dr. Javeria) [Pathology Lecture Hall]	Clinics	Jumma Prayers	Group A: Pharmacology (P) Group B: Pharmacology (T) Group C: SDL Group D: Pathology	

Pathology Practical: Leiomyoma, Leiomyosarcoma & Rhabdomyosarcoma

Facilitator: Dr. Sana Mubarak/ Dr. M Yasir Rishi

Venue: Pathology Museum

Pharmacology Tutorial: Prescription writing on Eczema (Atopic Dermatitis)

Facilitator: Dr. Javeria/ Dr. Izrum

Venue: Pharma Lecture Hall

Pharmacology Practical: Preparation And Dispensing of Corticosteroid Cream for Dermatitis **Facilitator:** Dr. Samreen /Dr. Hina

Venue: Pharma Lab

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Musculoskeletal and Dermatology Module
12th Week (From 1st July 2024 to 5th July 2024)

Day	Lecture 1 8:30 – 9:30	Lecture 2 9:30 – 10:30	10:30 - 10:45	Clinics 10:45 – 1:45	1:45 - 2:00	Practical / Small Group Discussion 2:00– 4:00
Day 49 Monday 1-7-24	Infectious Dermatosi [Pathology] (Dr. Sarah Azhar) [Pathology Lecture Hall]	Drugs for Acne [Pharmacology] (Dr. Javeria/ Dr. Sehrish) [Pathology Lecture Hall]	T E A B R E	Clinics	P R A Y E S	Group A: Research Group B: SDL Group C: Pathology Group D: Pharmacology
Day 50 Tuesday 2-7-24	Drugs used to treat fungal skin infections [Pharmacology] (Dr. Sehrish/ Dr. Izrum) [Pathology Lecture Hall]	Blistering Disorders of the Skin [Pathology] (Dr. Muhammad Khan) [Pathology Lecture Hall]		Clinics		Group A: SDL Group B: Pathology Group C: Pharmacology Group D: Research
Day 51 Wednesday 3-7-24	School Health- II [Community Medicine] (Prof. Dr. Nazia Jameel) [Com Med Lecture Hall 1]	How to do an Effective Literature Search? [Evidence-based Medicine] [Pathology Lecture Hall]		Clinics		Group A: Pathology Group B: Pharmacology Group C: Research Group D: SDL
Day 52 Thursday 4-7-24	Cutaneous Manifestations of Diabetes Mellitus [Medicine] (Dr Saima Askari) [Lecture Hall 13]	Disaster Management [Community Medicine] (Dr. Muneer Ahmed) [Com Med Lecture Hall 1]	Group C: Community Field Visit			
			A K	Clinics		Group A: Pharmacology Group B: Research Group D: Pathology
Day 53 Friday 5-7-24	8:30 – 9:30	9:30 – 10:30	10:30 – 1:30		1:30- 2:00	2:00 – 4:00
	Group A & B: Pharmacology Preparation And Dispensing of topical antibacterial cream Pharma Lab Dr Samreen/ Dr. Hina Masood Group C & D: Research				Jumma Prayers	Group A & B: Research Group C & D: Pharmacology Preparation And Dispensing of topical antibacterial cream Pharma Lab Dr. Samreen/ Dr Hina Masood

Pathology SGD Students Presentation: Pathologies of the Skin
Pharmacology Tutorial: Prescription writing on Acne

Facilitator: Dr. Nadeem Baqai/ Dr.Tooba Khan
Facilitator: Dr. Humaira/ Dr. Sehrish

Venue: Histopathology Museum
Venue: Pharma Lecture Hall

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Musculoskeletal and Dermatology Module
13th Week (From 8th July 2024 to 12th July 2024)

Day	Lecture 1 8:30 – 9:30	Lecture 2 9:30 – 10:30	10:30 - 10:45	Clinics 10:45 – 1:45	1:45 - 2:00	Practical / Small Group Discussion 2:00– 4:00
Day 54 Monday 8-7-24	Premalignant and Malignant Skin Lesions [Pathology] (Dr. Ghazal Irfan) [Pathology Lecture Hall]	Malignant Skin Diseases and their Management [Surgery & Allied] (Dr Shafatullah) [LRC, Deptt of Surgery]	T E A B R E	Clinics	P R A Y E R S	Group A: SDL Group B: Pathology Group C: Pharmacology (P) Group D: Pharmacology (T)
Day 55 Tuesday 9-7-24	Tumor and Tumor like condition of the Melanocytes [Pathology] (Dr. Munazza Rashid) [Pathology Lecture Hall]	Cutaneous Manifestations of Thyroid Disorders [Medicine] (Dr. Dania Faisal) [Lecture Hall 13]		Clinics		Group A: Pharmacology (T) Group B: SDL Group C: Pathology Group D: Pharmacology (P)
Day 56 Wednesday 10-7-24	Health Education - I [Community Medicine] (Prof. Dr. Nazia Jameel/ Dr. Amara Altaf) [Com Med Lecture Hall 1]	How to search for evidence on prevention? [Evidence-based Medicine] [Pathology Lecture Hall]		Clinics		Group A: Pharmacology (P) Group B: Pharmacology (T) Group C: SDL Group D: Pathology
Day 57 Thursday 11-7-24	Revision class [Pathology] (Prof. Dr. Nasima Iqbal) [Pathology Lecture Hall]	Health Education - II [Community Medicine] (Prof. Dr. Nazia Jameel/ Dr. Amara Altaf) [Com Med Lecture Hall 1]		Group D: Community Field Visit		
Day 58 Friday 12-7-24	8:30 – 9:30	9:30 – 10:30	10:30 – 1:30	1:30- 2:00	2:00 – 4:00	
	Group A & B: Pharmacology Practical: Preparation of Sunscreen (Dr. Hina Masood / Dr. Samreen) [Pharma Lab] Group C & D: Research		Clinics	Jumma Prayers	Group C & D: Pharmacology Practical: Preparation of Sunscreen (Dr. Hina Masood / Dr. Samreen) [Pharma Lab] Group A & B: Research	

Pathology Practical: Skin Tumors

Pharmacology Practical: Preparation & Dispensing of Vit A Cream (Retinoic Acid)

Pharmacology Tutorial: Prescription writing on Psoriasis

The tentative date of the 2nd Module Assessment is 15th July 2024

Facilitator: Dr. Sana Mubarak/ Dr. Rozina Khan


Facilitator: Dr. Samreen/ Dr. Hina Masood

Facilitator: Dr. Izrum / Dr. Sehrish

Venue: Histopathology Museum

Venue: Pharma Lab

Venue: Hematology Lab


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